

MEALTIME AT CLUBHOUSE PLAYCARE

	Meal Prep Begins	Mealtime
Breakfast	7:45am	8:00am – 8:15am
Lunch	11:45am	12:00pm – 12:30pm
Dinner	5:15pm	5:45pm – 6:15pm

As a state licensed facility Clubhouse Playcare is required to set out a meal for every child in its care during mealtime. We encourage parents to send a nutritious nut-free meal in a labeled lunchbox/kit with their child. If no meal is sent, one will be provided at a cost of \$5 per meal.

COMMON MEALTIME QUESTIONS:

Q: Will I be charged for a meal if my child is picked up during prep time or mealtime? A: Yes. Because we prepare meals based on the number of children present at prep time, we ask that if you do not wish for your child to eat with us, that they are picked up before prep-time begins or are sent with a meal or healthy snack.

Q: My child will be at the Clubhouse during prep time or mealtime but, for whatever reason, I do not want them to eat. Will my child still be given a meal that I will be charged for?

A: If your child is present during a mealtime, they **MUST** have a meal. Clubhouse Playcare suggests if scheduled pick-up or drop-off is near mealtime, to avoid being charged, parents send a healthy and well-rounded snack for their child to enjoy while the others eat.

Examples: dried fruit and yogurt
cheese and crackers
granola bar and fruit

Q: If I drop my child off after prep time or mealtime has started, can you still prepare them a meal?

A: If you would like a meal prepared for your child please call the desk at **281-312-3233** or email us at **play@clubhouseplaycare.com** prior to meal prep time and we will ensure that your child has a meal prepared for them. *If no notification is given, it is possible that your child will be given a different meal than appears on the meal schedule.*

Q: *If I bring a meal for my child after mealtime has passed, will they be allowed to eat it?*

A: If mealtime has already concluded, your child's meal will be set out for them at the next scheduled snack time. Snacktimes: 10:00am, 3:30pm, 7:30/8:00pm, 10:30pm

Q: *Can you refrigerate or heat a meal brought from home?*

A: Due to our limited refrigerator space, Clubhouse Playcare asks that you pack your child's meal with an icepack if needed. While it is not a problem for us to re-heat a meal in the microwave for a few seconds, we ask the meal be prepared and ready to eat otherwise. *If your child is under the age of 4, please remember to cut up food into pieces small enough as to not present a choking hazard.*

Q: *If a meal was prepared for my child but, for whatever reason, they did not eat it, will I still be charged for the meal?*

A: Yes. If a meal was made for your child, your account will be billed the \$5 meal charge.

Q: *Can you prepare a different/special meal/snack for my child based on their dietary restrictions?*

A: Because of our limited pantry, we ask that children with special dietary needs or severe food allergies, bring their own meals and snacks from home.

Q: *Are snacks free of charge? What kinds of snacks do you serve? Can I bring my child's snack from home?*

A: Snacks and water are provided for your child at the designated snack times free of charge. You are welcome to bring a snack from home provided it is in a **disposable container** and labeled with your child's name and is designated for snacktime. Remaining/unfinished snacks will be disposed of.

Clubhouse snack items include, but are not limited to:

- Goldfish crackers
- Animal crackers
- Dry cereal
- Raisins
- Pretzels
- Cheese sticks
- Yogurt
- Graham Crackers